



13110 W Dodge RD Suite B  
T - 402-408-0015 - FX - 402-408-0020  
[www.jkohllrx.com](http://www.jkohllrx.com)

Patient Name: \_\_\_\_\_ Allergies: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_ DOB: \_\_\_\_\_

**Men**

\_\_\_ 1.2 mg Finasteride / 3 mg Minoxidil / Biotin 1250 mcg / Vitamin C 75mg  
• #60 - 1 capsule daily

**Women**

\_\_\_ 3mg Finasteride 3mg / Minoxidil 2mg / Biotin 1.25mg / Vitamin C 75mg  
• #60 - 1 capsule daily

**Hair Solution (Exosomes)**

\_\_\_ Exosomes 250M / Latanoprost 0.004% / Caffeine 0.5% / Cetirizine  
1% / Melatonin 0.1% / Biotin 0.2% / in Vitamin D3 / Vitamin E oil  
• 0.5ml - 1ml once per day to bald areas at bedtime

**Hair Spray**

\_\_\_ 0.3% Finasteride / 6% Minoxidil / 0.2% Biotin  
• 30ml - Spray on areas as directed twice daily  
Hair Spray

**Refills: 1      2      3      PRN**

M.D. Signature: \_\_\_\_\_ Telephone: \_\_\_\_\_

Price subject to change without notice - **FAX ORDER TO 402-408-0020**



Compounding Pharmacy

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● **Wellness Compounds / Anti aging**

\_\_\_ **Estriol / Vitamin C / Hyaluronic Acid / Aloe 30gm Sig: UD**

\_\_\_ **Tretinoin .025 / Niacinamide 4%, / Hyaluronic acid 0.5% 30gm**

- Plumps skin restores elasticity reduces wrinkles shrinks pores improves dryness + dullness

\_\_\_ **Hydroquinone 12% / Niacinamide 2%, / HC 1% - for 2 months 30gm UD**

- Dark Spots Acne Scars Sun Spots Age spots freckles

\_\_\_ **Hydroquinone 12% / Niacinamide 2% /HC 1% / Tretinoin .05% 30GM UD**

- Dark Spots + Acne Scars Sun Spots Age spots freckles

\_\_\_ **Tranexamic acid 225mg take 1 capsule at bedtime #90**

- Helpful for fading red spots, (redness and discoloration) that can occur after acne breakouts or Inflammation skin issues. Reduces dark spots & hyperpigmentation, stubborn melasma dark spots and post inflammation from within

\_\_\_ **Hydroquinone 6% 10% 12% (circle one) 30gm**

\_\_\_ **GHK-Cu Copper Cream 0.5% 2% 4% (circle one) 30gm UD**

\_\_\_ **GHK-Cu Troche 3mg #30 - 1 troche daily**

**Refills: 1 2 3 PRN**

M.D. Signature: \_\_\_\_\_ Telephone: \_\_\_\_\_

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- **Wellness Compounds / Anti aging**

\_\_\_\_\_ **Methylene Blue Capsules** circle one 5mg- 10mg - 15mg - 20mg - 25mg  
#30 - Take 1 capsule once daily

**Methylene Blue works primarily by enhancing mitochondrial function. It supports the electron transport chain, which improves mitochondrial function and increases ATP (adenosine triphosphate) synthesis. Methylene Blue also acts as a potent antioxidant, neutralizing harmful free radicals that can cause cellular damage. It helps modulate the body's inflammatory response, which can be beneficial in reducing inflammation-related damage**

\_\_\_\_\_ **Estriol 0.1% /GHK-Cu 0.2% acetate/Niacinamide 4 % /Tretinoin .05% Cream**  
30gm apply bid

**This anti-aging treatment contains peptides and other ingredients to help improve skin elasticity, smooth fine lines and wrinkles, promote collagen production, reduce signs of aging, and restore a youthful, glowing complexion.**



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### Mens Wellness Compounds

\_\_\_\_ Sildenafil 110mg / Apomorphine 3mg / Tadalafil 22mg Troche  
#30  
Use as directed

\_\_\_\_ Tadalafil 10mg / Minoxidil 3mg Capsule  
#30  
Take 1 capsule daily

\_\_\_\_ Tadalafil 10mg / DHEA 10mg Capsule  
#30  
Take 1 capsule daily

\_\_\_\_ Anastrozole Capsules \_\_\_\_\_ mg \_\_\_\_\_ Qty \_\_\_\_\_ Refill \_\_\_\_\_  
Sig: \_\_\_\_\_

\_\_\_\_ Enclomiphene Capsule 25mg \_\_\_\_\_ Qty \_\_\_\_\_ Refill \_\_\_\_\_  
Sig: One Capsule 3 times per week

\_\_\_\_ Apomorphine \_\_\_\_\_ mg \_\_\_\_\_ Qty \_\_\_\_\_ Refill  
Troche or Capsule (circle one) - Sig UD

M.D. Signature: \_\_\_\_\_ Telephone: \_\_\_\_\_

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